



NUTRITIONAL INFORMATION

Some items may vary by restaurant and may not be available at all locations. This nutritional information is comprised of data obtained from our suppliers, a third-party consultant and independent laboratories. We strive to provide complete and accurate nutritional information; however, ingredient variations may occur due to the handcrafted nature of our menu, guest substitutions or regional availability of products. All items are listed as served unless otherwise indicated.
Updated Sept 10, 2024

DONUTS	Menu Section	Serving Size	Serving Size Wt	Calories	Fat (g)	Saturated Fat (g)	Trans Fatty Acid (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (2016) (g)	Total Sugars (g)	Protein (g)	Allergen Statement	Additional Allergen Statement	Additional Attributes
Donut - Bare	Donuts	1 Donut	59g	220	12	4.5	0	20	390	25	1	9	3	Contains Egg, Gluten, Milk, Soy, Wheat.	May also contain Gluten.	Vegetarian
Donut - Bare (1/2)	Donuts	1/2 Donut	30g	110	6	2	0	10	200	13	0	4	2	Contains Egg, Gluten, Milk, Soy, Wheat.	May also contain Gluten.	Vegetarian
Donut - Cinnamon Sugar	Donuts	1 Donut	66g	230	13	5	0	20	410	30	1	13	3	Contains Egg, Gluten, Milk, Soy, Wheat.	May also contain Gluten.	Vegetarian
Donut - Cinnamon Sugar (1/2)	Donuts	1/2 Donut	33g	110	6	2.5	0	10	210	15	0	7	2	Contains Egg, Gluten, Milk, Soy, Wheat.	May also contain Gluten.	Vegetarian
Donut - Glazed	Donuts	1 Donut	73g	240	12	4.5	0	20	390	36	1	18	3	Contains Egg, Gluten, Milk, Soy, Wheat.	May also contain Gluten.	Vegetarian
Donut - Glazed (1/2)	Donuts	1/2 Donut	36g	120	6	2.5	0	10	200	18	0	9	2	Contains Egg, Gluten, Milk, Soy, Wheat.	May also contain Gluten.	Vegetarian
Donut - Powdered Sugar	Donuts	1 Donut	65g	220	13	5	0	20	410	29	1	12	3	Contains Egg, Gluten, Milk, Soy, Wheat.	May also contain Gluten.	Vegetarian
Donut - Powdered Sugar (1/2)	Donuts	1/2 Donut	32g	110	6	2.5	0	10	210	15	0	6	2	Contains Egg, Gluten, Milk, Soy, Wheat.	May also contain Gluten.	Vegetarian
Vegan Cake Donut	Donuts	1 Donut	60g	220	12	4	0	0	310	25	0	9	3	Contains Gluten, Soy, Wheat.	May also contain Gluten.	Vegan, Vegetarian

COATINGS (10-90 cal)	Menu Section	Serving Size	Serving Size Wt	Calories	Fat (g)	Saturated Fat (g)	Trans Fatty Acid (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (2016) (g)	Total Sugars (g)	Protein (g)	Allergen Statement	Additional Allergen Statement	Additional Attributes
Blueberry Icing	Coatings (Icings)	1/2 oz	14g	45	0.5	0	0	0	0	11	0	10	0		May also contain Sulphites.	Vegan, Vegetarian
Blueberry Icing - 1/2	Coatings (Icings)	1/4 oz	7g	25	0	0	0	0	0	5	0	5	0		May also contain Sulphites.	Vegan, Vegetarian
Chocolate Icing	Coatings (Icings)	1/2 oz	14g	50	1.5	0.5	0	0	5	11	0	10	0	Contains Soy.	May also contain Sulphites.	Vegan, Vegetarian
Chocolate Icing - 1/2	Coatings (Icings)	1/4 oz	7g	25	0.5	0	0	0	0	5	0	5	0	Contains Soy.	May also contain Sulphites.	Vegan, Vegetarian
Cinnamon Sugar	Coatings (Icings)	.1 oz	3g	10	0	0	0	0	0	3	0	3	0			Vegan, Vegetarian
Cinnamon Sugar Topping -1/2	Coatings (Icings)	.05 oz	1.4g	5	0	0	0	0	0	1	0	1	0			Vegan, Vegetarian
Donut Glaze	Coatings (Icings)	1/2 oz	14g	45	0	0	0	0	0	11	0	10	0			Vegan, Vegetarian
Donut Glaze - 1/2	Coatings (Icings)	1/4 oz	7g	20	0	0	0	0	0	6	0	5	0			Vegan, Vegetarian
Key Lime Icing	Coatings (Icings)	1/2 oz	14g	50	0.5	0	0	0	0	11	0	10	0		May also contain Sulphites.	Vegan, Vegetarian
Key Lime Icing - 1/2	Coatings (Icings)	1/4 oz	7g	25	0	0	0	0	0	6	0	5	0		May also contain Sulphites.	Vegan, Vegetarian
Lemon Icing	Coatings (Icings)	1/2 oz	14g	50	0.5	0	0	0	0	11	0	11	0		May also contain Sulphites.	Vegan, Vegetarian
Lemon Icing - 1/2	Coatings (Icings)	1/4 oz	7g	25	0	0	0	0	0	6	0	5	0		May also contain Sulphites.	Vegan, Vegetarian
Lucky Duck Green Vanilla	Coatings (Icings)	1/2 oz	14g	45	0.5	0	0	0	0	11	0	10	0		May also contain Sulphites.	Vegan, Vegetarian
Lucky Duck Green Vanilla - 1/2	Coatings (Icings)	1/4 oz	7g	25	0	0	0	0	0	5	0	5	0		May also contain Sulphites.	Vegan, Vegetarian
Maple Icing	Coatings (Icings)	1/2 oz	14g	50	0.5	0	0	0	0	11	0	11	0		May also contain Sulphites.	Vegan, Vegetarian
Maple Icing - 1/2	Coatings (Icings)	1/4 oz	7g	25	0	0	0	0	0	6	0	5	0		May also contain Sulphites.	Vegan, Vegetarian
Nutella Coating	Coatings (Icings)	1/2 oz	14g	80	4.5	1.5	0	0	15	8	0	8	1	Contains Milk, Soy, Tree Nuts.		Vegetarian
Nutella Coating - 1/2	Coatings (Icings)	1/4 oz	7g	40	2	1	0	0	10	4	0	4	0	Contains Milk, Soy, Tree Nuts.		Vegetarian
Orange Icing	Coatings (Icings)	1/2 oz	14g	45	0.5	0	0	0	0	10	0	9	0		May also contain Sulphites.	Vegan, Vegetarian
Orange Icing - 1/2	Coatings (Icings)	1/4 oz	7g	20	0	0	0	0	0	5	0	5	0		May also contain Sulphites.	Vegan, Vegetarian
Patrioduck Blue Vanilla Icing	Coatings (Icings)	1/2 oz	15g	50	0.5	0	0	0	0	11	0	11	0		May also contain Sulphites.	Vegan, Vegetarian
Patrioduck Blue Vanilla Icing - 1/2	Coatings (Icings)	1/4 oz	8g	25	0	0	0	0	0	6	0	5	0		May also contain Sulphites.	Vegan, Vegetarian
Peanut Butter Icing	Coatings (Icings)	.8 oz	23g	90	2.5	1	0	0	15	17	0	15	1	Contains Peanut.	May also contain Sulphites.	Vegan, Vegetarian
Peanut Butter Icing - 1/2	Coatings (Icings)	.4 oz	11g	45	1	0	0	0	10	8	0	8	0	Contains Peanut.	May also contain Sulphites.	Vegan, Vegetarian
Peppermint icing	Coatings (Icings)	1/2 oz	14g	50	0.5	0	0	0	0	11	0	11	0		May also contain Sulphites.	Vegan, Vegetarian
Peppermint icing - 1/2	Coatings (Icings)	1/4 oz	7g	25	0	0	0	0	0	6	0	5	0		May also contain Sulphites.	Vegan, Vegetarian
Powdered Sugar	Coatings (Icings)	.1 oz	3g	10	0	0	0	0	0	3	0	3	0			Vegan, Vegetarian
Powdered Sugar - 1/2	Coatings (Icings)	.05 oz	1.4g	5	0	0	0	0	0	1	0	1	0			Vegan, Vegetarian
Pumpkin Icing	Coatings (Icings)	1/2 oz	14g	35	0	0	0	0	0	8	0	7	0		May also contain Sulphites.	Vegan, Vegetarian
Pumpkin Icing - 1/2	Coatings (Icings)	1/4 oz	7g	20	0	0	0	0	0	4	0	4	0		May also contain Sulphites.	Vegan, Vegetarian
Strawberry Icing	Coatings (Icings)	1/2 oz	14g	50	0.5	0	0	0	0	11	0	11	0		May also contain Sulphites.	Vegan, Vegetarian
Strawberry Icing - 1/2	Coatings (Icings)	1/4 oz	7g	25	0	0	0	0	0	6	0	5	0		May also contain Sulphites.	Vegan, Vegetarian
Vanilla Icing	Coatings (Icings)	1/2 oz	14g	50	0.5	0	0	0	0	11	0	11	0		May also contain Sulphites.	Vegan, Vegetarian
Vanilla Icing - 1/2	Coatings (Icings)	1/4 oz	7g	25	0	0	0	0	0	6	0	5	0		May also contain Sulphites.	Vegan, Vegetarian

TOPPINGS (10-40 cal)	Menu Section	Serving Size	Serving Size Wt	Calories	Fat (g)	Saturated Fat (g)	Trans Fatty Acid (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (2016) (g)	Total Sugars (g)	Protein (g)	Allergen Statement	Additional Allergen Statement	Additional Attributes
Apple Topping	Toppings	1 oz	28g	30	0	0	0	0	15	8	1	7	0		May also contain Sulphites.	Vegan, Vegetarian
Apple Topping - 1/2	Toppings	.5 oz	14g	15	0	0	0	0	10	4	0	3	0		May also contain Sulphites.	Vegan, Vegetarian
Bacon Topping	Toppings	.3 oz	9g	35	2.5	1	0	15	190	0	0	0	3			
Bacon Topping - 1/2	Toppings	.15 oz	4.5g	20	1.5	0.5	0	10	95	0	0	0	2			
Blue Sprinkles	Toppings	.1 oz	4g	20	1	0.5	0	0	0	3	0	2	0	Contains Soy.		Vegan, Vegetarian
Blue Sprinkles - 1/2	Toppings	.05 oz	2g	10	0.5	0	0	0	0	2	0	1	0	Contains Soy.		Vegan, Vegetarian
Buttercream Icing	Toppings	.6 oz	17g	90	5	2.5	0	0	25	10	0	10	0	Contains Milk.		Vegetarian

Buttercream Icing - 1/2	Toppings	.3 oz	9g	45	2.5	1.5	0	0	10	5	0	5	0	Contains Milk.	Vegetarian
Candied Rose Topping	Toppings	4 grams	4g	15	0	0	0	0	0	4	0	4	0		Vegan, Vegetarian
Candied Rose Topping - 1/2	Toppings	2 grams	2g	10	0	0	0	0	0	2	0	2	0		Vegan, Vegetarian
Celebration Sprinkles	Toppings	4 grams	4g	15	0	0	0	0	0	3	0	3	0	Contains Soy.	Vegan, Vegetarian
Celebration Sprinkles - 1/2	Toppings	2 grams	2g	10	0	0	0	0	0	2	0	2	0	Contains Soy.	Vegan, Vegetarian
Chocolate Sprinkles	Toppings	.1 oz	3g	10	0	0	0	0	0	2	0	1	0		Vegan, Vegetarian
Chocolate Sprinkles - 1/2	Toppings	.05 oz	1.4g	5	0	0	0	0	0	1	0	1	0		Vegan, Vegetarian
Graham Cracker Topping	Toppings	.1 oz	3g	10	0	0	0	0	20	2	0	1	0	Contains Gluten, Wheat.	May also contain Gluten. Vegan, Vegetarian
Graham Cracker Topping - 1/2	Toppings	.05 oz	1.4g	5	0	0	0	0	10	1	0	0	0	Contains Gluten, Wheat.	May also contain Gluten. Vegan, Vegetarian
Lavendar Sprinkles	Toppings	4 grams	4g	20	1	0.5	0	0	0	3	0	2	0	Contains Soy.	Vegan, Vegetarian
Lavendar Sprinkles - 1/2	Toppings	2 grams	2g	10	0.5	0	0	0	0	2	0	1	0	Contains Soy.	Vegan, Vegetarian
Lucky Duck Magical Topping	Toppings	3.5 grams	3.5g	15	0	0	0	0	20	3	0	0	0	Contains Gluten.	May also contain Gluten. Vegan, Vegetarian
Lucky Duck Magical Topping - 1/2	Toppings	1.7 grams	1.7g	5	0	0	0	0	10	1	0	0	0	Contains Gluten.	May also contain Gluten. Vegan, Vegetarian
Oreo Topping	Toppings	3 grams	3g	15	0.5	0	0	0	10	2	0	1	0	Contains Gluten, Soy, Wheat.	May also contain Gluten. Vegan, Vegetarian
Oreo Topping - 1/2	Toppings	1.5 grams	1.4g	5	0	0	0	0	0	1	0	1	0	Contains Gluten, Soy, Wheat.	May also contain Gluten. Vegan, Vegetarian
Patrioduck Sprinkles	Toppings	4 grams	4g	20	1	0.5	0	0	0	3	0	2	0	Contains Soy.	Vegan, Vegetarian
Patrioduck Sprinkles - 1/2	Toppings	2 grams	2g	10	0.5	0	0	0	0	2	0	1	0	Contains Soy.	Vegan, Vegetarian
Peach Topping	Toppings	1 oz	28g	20	0	0	0	0	0	4	0	4	0		Vegan, Vegetarian
Peach Topping - 1/2	Toppings	.5 oz	14g	10	0	0	0	0	0	2	0	2	0		Vegan, Vegetarian
Peanuts Topping	Toppings	6 grams	6g	30	3	0	0	0	0	1	0	0	1	Contains Peanut.	Vegan, Vegetarian
Peanuts Topping - 1/2	Toppings	3 grams	3g	15	1.5	0	0	0	0	1	0	0	1	Contains Peanut.	Vegan, Vegetarian
Pecan Topping	Toppings	6 grams	6g	40	4	0	0	0	0	1	0	0	0	Contains Tree Nuts.	Vegan, Vegetarian
Pecan Topping - 1/2	Toppings	3 grams	3g	20	2	0	0	0	0	0	0	0	0	Contains Tree Nuts.	Vegan, Vegetarian
Raspberry Jelly	Toppings	.5 oz	14g	20	0	0	0	0	10	2	0	4	0		Vegan, Vegetarian
Raspberry Jelly - 1/2	Toppings	.25 oz	7 g	10	0	0	0	0	0	3	0	2	0		Vegan, Vegetarian
Shredded Coconut Topping	Toppings	6 grams	6g	25	1.5	1.5	0	0	10	3	1	2	0	Contains Tree Nuts.	May also contain Sulphites. Vegan, Vegetarian
Shredded Coconut Topping - 1/2	Toppings	3 grams	3g	15	1	0.5	0	0	5	2	0	1	0	Contains Tree Nuts.	May also contain Sulphites. Vegan, Vegetarian
Streusel Topping	Toppings	9 grams	9g	40	1.5	1	0	0	0	6	0	2	1	Contains Gluten, Milk, Wheat.	May also contain Gluten. Vegetarian
Streusel Topping - 1/2	Toppings	4.5 grams	4.5g	20	1	0	0	0	0	3	0	1	0	Contains Gluten, Milk, Wheat.	May also contain Gluten. Vegetarian
Valentine's Day Sprinkles (Pink)	Toppings	4 grams	4g	20	1	0.5	0	0	0	3	0	2	0	Contains Soy.	Vegan, Vegetarian
Valentine's Day Sprinkles (Pink) - 1/2	Toppings	2 grams	2g	10	0.5	0	0	0	0	2	0	1	0	Contains Soy.	Vegan, Vegetarian
White Sprinkles	Toppings	4 grams	4g	20	1	0.5	0	0	0	3	0	2	0	Contains Soy.	Vegan, Vegetarian
White Sprinkles - 1/2	Toppings	2 grams	2g	10	0.5	0	0	0	0	2	0	1	0	Contains Soy.	Vegan, Vegetarian

Additional Allergen															Statement	Attributes
DRIZZLES (5-45 cal)	Menu Section	Serving Size	Serving Size Wt	Calories	Fat (g)	Fat (g)	Acid (g)	(mg)	Sodium (mg)	Carbohydrates (g)	(2016) (g)	Sugars (g)	Protein (g)	Allergen Statement		
Blueberry Drizzle	Drizzles	.4 oz	11g	40	0	0	0	0	0	9	0	8	0		May also contain Sulphites.	Vegan, Vegetarian
Blueberry Drizzle - 1/2	Drizzles	.2 oz	6g	20	0	0	0	0	0	4	0	4	0		May also contain Sulphites.	Vegan, Vegetarian
Chocolate Drizzle	Drizzles	.4 oz	11g	45	1	0	0	0	5	8	0	8	0	Contains Soy.	May also contain Sulphites.	Vegan, Vegetarian
Chocolate Drizzle - 1/2	Drizzles	.2 oz	6g	20	0.5	0	0	0	0	4	0	4	0	Contains Soy.	May also contain Sulphites.	Vegan, Vegetarian
Glaze Drizzle	Drizzles	.4 oz	11g	35	0	0	0	0	0	9	0	8	0			Vegan, Vegetarian
Glaze Drizzle - 1/2	Drizzles	.2 oz	6g	20	0	0	0	0	0	5	0	4	0			Vegan, Vegetarian
Hot Fudge Drizzle	Drizzles	.2 oz	6g	20	0	0	0	0	10	3	0	3	0	Contains Milk.		Vegetarian
Hot Fudge Drizzle - 1/2	Drizzles	.1 oz	3g	10	0	0	0	0	0	2	0	2	0	Contains Milk.		Vegetarian
Lemon Drizzle	Drizzles	.4 oz	11g	40	0	0	0	0	0	9	0	9	0		May also contain Sulphites.	Vegan, Vegetarian
Lemon Drizzle - 1/2	Drizzles	.2 oz	6g	20	0	0	0	0	0	5	0	4	0		May also contain Sulphites.	Vegan, Vegetarian
Marshmallow Drizzle	Drizzles	.2 oz	6g	5	0	0	0	0	0	1	0	1	0			Vegan, Vegetarian
Marshmallow Drizzle - 1/2	Drizzles	.1 oz	3g	5	0	0	0	0	0	1	0	0	0			Vegan, Vegetarian
Peanut Butter Drizzle	Drizzles	.4 oz	11g	45	1	0	0	0	10	8	0	8	0	Contains Peanut.	May also contain Sulphites.	Vegan, Vegetarian
Peanut Butter Drizzle - 1/2	Drizzles	.2 oz	6g	20	0.5	0	0	0	0	4	0	4	0	Contains Peanut.	May also contain Sulphites.	Vegan, Vegetarian
Raspberry Drizzle	Drizzles	.1 oz	3g	5	0	0	0	0	0	1	0	1	0			Vegan, Vegetarian
Raspberry Drizzle - 1/2	Drizzles	.05 oz	1.4g	5	0	0	0	0	0	1	0	1	0			Vegan, Vegetarian
Salted Caramel Drizzle	Drizzles	.1 oz	3g	10	0	0	0	0	20	2	0	1	0	Contains Milk.		Vegetarian
Salted Caramel Drizzle - 1/2	Drizzles	.05 oz	1.4g	5	0	0	0	0	10	1	0	1	0	Contains Milk.		Vegetarian
Strawberry Drizzle	Drizzles	.4 oz	11g	40	0	0	0	0	0	9	0	9	0		May also contain Sulphites.	Vegan, Vegetarian
Strawberry Drizzle - 1/2	Drizzles	.2 oz	6g	20	0	0	0	0	0	5	0	4	0		May also contain Sulphites.	Vegan, Vegetarian
Vanilla Drizzle	Drizzles	.4 oz	11g	40	0	0	0	0	0	9	0	9	0		May also contain Sulphites.	Vegan, Vegetarian
Vanilla Drizzle - 1/2	Drizzles	.2 oz	6g	20	0	0	0	0	0	5	0	4	0		May also contain Sulphites.	Vegan, Vegetarian

SUNDAES (460-580 cal)	Menu Section	Serving Size	Serving Size Wt	Calories	Fat (g)	Saturated Fat (g)	Trans Fatty Acid (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (2016) (g)	Total Sugars (g)	Protein (g)	Allergen Statement	Additional Allergen Statement	Additional Attributes
Chocolate Madness Donut Sundae	Sundaes	1 Sundae	195g	520	26	14	0	65	490	70	1	46	7	Contains Egg, Gluten, Milk, Soy, Wheat.	May also contain Gluten, Sulphites.	Vegetarian

Classic Donut Sundae	Sundaes	1 Sundae	194g	520	28	13	0	65	480	63	1	40	9	Contains Egg, Gluten, Milk, Peanut, Soy, Whe	May also contain Gluten.	Vegetarian
Confetti Donut Sundae	Sundaes	1 Sundae	197g	510	26	13	0	65	470	69	1	45	8	Contains Egg, Gluten, Milk, Soy, Wheat.	May also contain Gluten,	Vegetarian
Cookies and Cream Donut Sundae	Sundaes	1 Sundae	195g	520	26	14	0	65	490	69	1	46	7	Contains Egg, Gluten, Milk, Soy, Wheat.	Sulphites.	Vegetarian
Peach Donut Sundae	Sundaes	1 Sundae	326g	580	26	14	0	70	520	84	2	55	9	Contains Egg, Gluten, Milk, Soy, Wheat.	May also contain Gluten.	Vegetarian
Peanut Butter Crunch Sundae	Sundaes	1 Sundae	203g	540	28	14	0	65	840	72	1	48	9	Contains Egg, Gluten, Milk, Peanut, Soy, Whe	May also contain Gluten.	Vegetarian
Salted Caramel Donut Sundae	Sundaes	1 Sundae	178g	460	24	13	0	65	480	56	1	36	7	Contains Egg, Gluten, Milk, Soy, Wheat.	May also contain Gluten,	Vegetarian
S'Mores Donut Sundae	Sundaes	1 Sundae	200g	510	26	13	0	65	490	69	1	44	7	Contains Egg, Gluten, Milk, Soy, Wheat.	Sulphites.	Vegetarian
Strawberry Shortcake Donut Sundae	Sundaes	1 Sundae	189g	480	25	13	0	65	490	64	1	39	7	Contains Egg, Gluten, Milk, Soy, Wheat.	May also contain Gluten,	Vegetarian
Vanilla Ice Cream	Sundaes	1 Serving	87g	180	9	6	0	35	60	22	0	18	3	Contains Milk.		Vegetarian
Ice Cream Sandwich	Sundaes	1 Sandwich	154 gr	440	22	11	0	60	450	53	1	30	7	MILK, EGGS, WHEAT, SOYBEANS	Contains Gluten,	Vegetarian
Ice Cream Sandwich w/ Oreos	Sundaes	1 Sandwich	163 gr	480	23	12	0	60	470	59	1	34	7	MILK, EGGS, WHEAT, SOYBEANS	Contains Gluten,	Vegetarian
Ice Cream Sandwich w/ Rainbow Sprinkles	Sundaes	1 Sandwich	163 gr	480	24	11	0	60	450	59	1	30	9	MILK, EGGS, WHEAT, SOYBEANS	Contains Gluten,	Vegetarian

BREAKFAST SANDWICHES	Menu Section	Serving Size	Serving Size Wt	Calories	Fat (g)	Saturated Fat (g)	Trans Fatty Acid (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (2016) (g)	Total Sugars (g)	Protein (g)	Allergen Statement	Additional Allergen Statement	Additional Attributes
Bacon Egg and Cheese - English muffin	Sandwiches	1 Sandwich	129g	320	17	6	0	140	830	27	1	2	13	Contains Egg, Gluten, Milk, Soy, Wheat.	May also contain Gluten.	
Bacon, Egg & Cheese Donut	Sandwiches	1 Sandwich	132g	390	27	11	0	160	1020	28	1	10	12	Contains Egg, Gluten, Milk, Soy, Wheat.	May also contain Gluten.	
Egg and Cheese Donut	Sandwiches	1 Sandwich	124g	350	24	10	0	150	890	28	1	10	10	Contains Egg, Gluten, Milk, Soy, Wheat.	May also contain Gluten.	Vegetarian
Egg and Cheese English Muffin	Sandwiches	1 Sandwich	122g	280	14	5	0	130	710	27	1	2	11	Contains Egg, Gluten, Milk, Soy, Wheat.	May also contain Gluten.	Vegetarian
English Muffin with cream cheese	Sandwiches	1 Each	85g	220	10	6	0	30	300	27	1	2	6	Contains Gluten, Milk, Soy, Wheat.	May also contain Gluten.	Vegetarian
English Muffin with jelly	Sandwiches	1 Each	71g	160	1	0	0	0	210	34	1	9	4	Contains Gluten, Milk, Soy, Wheat.	May also contain Gluten.	Vegetarian
Sausage Egg and Cheese Donut	Sandwiches	1 Sandwich	167g	530	41	16	0	180	1170	28	1	10	16	Contains Egg, Gluten, Milk, Soy, Wheat.	May also contain Gluten.	
Sausage, Egg & Cheese English Muffin	Sandwiches	1 Sandwich	165g	460	31	11	0	160	990	27	1	2	17	Contains Egg, Gluten, Milk, Soy, Wheat.	May also contain Gluten.	
Optional Sandwich Topping - Bacon	Sandwiches	.3 oz	9g	35	2.5	1	0	15	190	0	0	0	3			
Optional Sandwich Topping - Maple Drizzle	Sandwiches	.4 oz	11g	40	0	0	0	0	0	9	0	9	0		May also contain Sulphites.	Vegan, Vegetarian

COFFEE DRINKS	Menu Section	Serving Size	Serving Size Wt	Calories	Fat (g)	Saturated Fat (g)	Trans Fatty Acid (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (2016) (g)	Total Sugars (g)	Protein (g)	Allergen Statement	Additional Allergen Statement	Additional Attributes
Americano - Large	Coffee Drinks	20 fl oz	474g	10	0	0	0	0	30	1	0	0	0			Vegan, Vegetarian
Americano - Medium	Coffee Drinks	16 fl oz	385g	5	0	0	0	0	20	1	0	0	0			Vegan, Vegetarian
Cappaccino - Large (no flavoring)	Coffee Drinks	20 fl oz	486g	220	9	5	0	35	210	21	0	20	14	Contains Milk.		Vegetarian
Cappaccino- Medium (no flavoring)	Coffee Drinks	16 fl oz	364g	160	6	4	0	25	150	16	0	15	10	Contains Milk.		Vegetarian
Caramel Macchiato - Iced - Medium	Coffee Drinks	16 fl oz	374g	290	6	4	0	20	160	47	0	46	9	Contains Milk.		Vegetarian
Caramel Macchiato - Iced - Large	Coffee Drinks	20 fl oz	505g	380	8	6	0	30	220	60	0	59	13	Contains Milk.		Vegetarian
Caramel Macchiato - Large	Coffee Drinks	20 fl oz	596g	420	10	7	0	40	260	65	0	64	16	Contains Milk.		Vegetarian
Caramel Macchiato - Medium	Coffee Drinks	16 fl oz	466g	330	8	5	0	30	210	52	0	51	12	Contains Milk.		Vegetarian
Coffee - Large	Coffee Drinks	20 fl oz	533g	5	0	0	0	0	10	0	0	0	1			Vegan, Vegetarian
Coffee - Medium	Coffee Drinks	16 fl oz	415g	5	0	0	0	0	10	0	0	0	0			Vegan, Vegetarian
Coffee - Small	Coffee Drinks	12 fl oz	296g	5	0	0	0	0	5	0	0	0	0			Vegan, Vegetarian
Cold Brew - Large	Coffee Drinks	20 fl oz	540g	0	0	0	0	0	0	0	0	0	0			Vegan, Vegetarian
Cold Brew - Medium	Coffee Drinks	16 fl oz	420g	0	0	0	0	0	0	0	0	0	0			Vegan, Vegetarian
Cold Brew - Small	Coffee Drinks	12 fl oz	300g	0	0	0	0	0	0	0	0	0	0			Vegan, Vegetarian
Dark Chocolate Mocha - Large	Coffee Drinks	20 fl oz	625g	530	10	6	0	40	320	85	3	84	19	Contains Milk.		Vegetarian
Dark Chocolate Mocha - Medium	Coffee Drinks	16 fl oz	485g	400	7	4.5	0	30	240	65	2	64	14	Contains Milk.		Vegetarian
Espresso Shot	Coffee Drinks	2 fl oz	30g	5	0	0	0	0	0	0	0	0	0			Vegan, Vegetarian
Hot Chocolate - Large	Coffee Drinks	20 fl oz	657g	650	11	7	0	45	340	111	3	111	21	Contains Milk.		Vegetarian
Hot Chocolate - Medium	Coffee Drinks	16 fl oz	506g	490	9	6	0	35	260	82	2	82	16	Contains Milk.		Vegetarian
Hot Chocolate - Small	Coffee Drinks	12 fl oz	356g	330	7	4	0	25	190	53	1	53	11	Contains Milk.		Vegetarian
Hot Chocolate (Non- Espresso Stores) Large	Coffee Drinks	20 fl oz	615g	250	2	1	0	0	250	53	0	51	2	Contains Milk, Soy.		Vegetarian

Hot Chocolate (Non- Espresso Stores) Medium	Coffee Drinks	16 fl oz	474g	180	1.5	1	0	0	190	38	0	37	2	Contains Milk, Soy.	Vegetarian
Hot Chocolate (Non- Espresso Stores) Small	Coffee Drinks	12 fl oz	333g	110	1	0.5	0	0	125	23	0	22	1	Contains Milk, Soy.	Vegetarian
Hot Flavored Coffee - Large w/ White Chocolate Sauce	Coffee Drinks	20 fl oz	613g	300	4	2.5	0	10	140	61	0	56	3	Contains Milk.	Vegetarian
Hot Flavored Coffee - Medium	Coffee Drinks	16 fl oz	440g	90	0	0	0	0	10	21	0	21	0		Vegan, Vegetarian
Hot Flavored Coffee - Small	Coffee Drinks	12 fl oz	305g	30	0	0	0	0	5	7	0	7	0		Vegan, Vegetarian
Hot Flavored Coffee Large	Coffee Drinks	20 fl oz	567g	120	0	0	0	0	10	28	0	28	1		Vegan, Vegetarian
Hot Flavored Coffee Small w/ White Chocolate Sauce	Coffee Drinks	12 fl oz	336g	150	2	1.5	0	5	70	30	0	28	2	Contains Milk.	Vegetarian
Hot flavored Coffee w/ White Chocolate Sauce Medium	Coffee Drinks	16 fl oz	474g	220	3	2	0	5	110	46	0	42	2	Contains Milk.	Vegetarian
Hot Latte - Large (unflavored)	Coffee Drinks	20 fl oz	545g	250	10	6	0	40	240	24	0	23	16	Contains Milk.	Vegetarian
Hot Latte - Large / Sauce	Coffee Drinks	20 fl oz	686g	540	10	6	0	40	330	88	3	86	19	Contains Milk.	Vegetarian
Hot Latte - Large / Syrup	Coffee Drinks	20 fl oz	636g	350	10	6	0	40	250	50	0	48	16	Contains Milk.	Vegetarian
Hot Latte - Medium (unflavored)	Coffee Drinks	16 fl oz	455g	190	7	4.5	0	30	180	19	0	18	12	Contains Milk.	Vegetarian
Hot Latte - Medium / Sauce	Coffee Drinks	16 fl oz	544g	410	7	4.5	0	30	250	66	2	64	14	Contains Milk.	Vegetarian
Hot Latte - Medium / Syrup	Coffee Drinks	16 fl oz	510g	280	7	4.5	0	30	190	41	0	39	12	Contains Milk.	Vegetarian
Iced Latte - Large w/ Sauce	Coffee Drinks	20 fl oz	533g	490	8	5	0	30	280	82	3	81	16	Contains Milk.	Vegetarian
Iced Latte - Large w/ Syrup	Coffee Drinks	20 fl oz	487g	320	8	5	0	30	190	48	0	47	13	Contains Milk.	Vegetarian
Iced Latte - Medium / Sauce	Coffee Drinks	16 fl oz	391g	350	6	3.5	0	20	200	61	2	60	11	Contains Milk.	Vegetarian
Iced Latte - Medium / Syrup	Coffee Drinks	16 fl oz	357g	230	6	3.5	0	20	135	35	0	34	9	Contains Milk.	Vegetarian
Iced Mocha - Large	Coffee Drinks	20 fl oz	533g	490	8	5	0	30	280	82	3	81	16	Contains Milk.	Vegetarian
Iced Mocha - Medium	Coffee Drinks	16 fl oz	391g	350	6	3.5	0	20	200	61	2	60	11	Contains Milk.	Vegetarian
Sweet Tea - Large	Coffee Drinks	20 fl oz	505g	110	0	0	0	0	15	30	0	29	0		Vegan, Vegetarian
Sweet Tea - Medium	Coffee Drinks	16 fl oz	397g	90	0	0	0	0	10	23	0	22	0		Vegan, Vegetarian
White Chocolate Mocha - Large	Coffee Drinks	20 fl oz	624g	540	14	9	0	45	370	85	0	79	19	Contains Milk.	Vegetarian
White Chocolate Mocha - Medium	Coffee Drinks	16 fl oz	482g	410	10	7	0	35	280	64	0	59	14	Contains Milk.	Vegetarian

FRAPPES	Menu Section	Serving Size	Serving Size Wt	Calories	Fat (g)	Saturated Fat (g)	Trans Fatty Acid (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (2016) (g)	Total Sugars (g)	Protein (g)	Allergen Statement	Additional Allergen Statement	Additional Attributes
Coffee Frappe - Add Sauce Large	Frappes	20 fl oz	1033g	520	15	13	0	0	260	86	1	66	5	Contains Milk, Soy.		Vegetarian
Coffee Frappe - Add Sauce Regular	Frappes	16 fl oz	664g	280	9	7	0	0	135	44	1	34	3	Contains Milk, Soy.		Vegetarian
Coffee Frappe - Add Syrup Large	Frappes	20 fl oz	1010g	430	15	13	0	0	220	69	0	49	4	Contains Milk, Soy.		Vegetarian
Coffee Frappe - Add Syrup Regular	Frappes	16 fl oz	652g	230	9	7	0	0	115	36	0	26	2	Contains Milk, Soy.		Vegetarian
Coffee Frappe - Large	Frappes	20 fl oz	990g	370	15	12	0	0	220	55	0	35	4	Contains Milk, Soy.		Vegetarian
Coffee Frappe - Regular	Frappes	16 fl oz	638g	190	8	6	0	0	115	28	0	18	2	Contains Milk, Soy.		Vegetarian
Confetti Cupcake Frappe - Large	Frappes	20 fl oz	1076g	710	24	14	0	5	290	119	0	77	12	Contains Milk, Soy.		Vegetarian
Confetti Cupcake Frappe - Regular	Frappes	16 fl oz	696g	430	16	7	0	0	150	70	0	39	9	Contains Milk, Soy.		Vegetarian
Oreo Cookie Frappe - Medium	Frappes	16 fl oz	688g	380	12	8	0	0	200	63	1	47	4	Contains Gluten, Milk, Soy, Wheat.	May also contain Gluten.	Vegetarian
S'mores Frappe - Large	Frappes	20 fl oz	1064g	630	15	13	0	0	290	110	2	88	6	Contains Gluten, Milk, Soy, Wheat.	May also contain Gluten.	Vegetarian
S'mores Frappe - Medium	Frappes	16 fl oz	686g	360	9	7	0	0	160	62	1	50	3	Contains Gluten, Milk, Soy, Wheat.	May also contain Gluten.	Vegetarian
Oreo Cookie Frappe - Large	Frappes	20 fl oz	1049g	600	18	14	0	0	320	99	1	73	6	Contains Gluten, Milk, Soy, Wheat.	May also contain Gluten.	Vegetarian

MILKSHAKES	Menu Section	Serving Size	Serving Size Wt	Calories	Fat (g)	Saturated Fat (g)	Trans Fatty Acid (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (2016) (g)	Total Sugars (g)	Protein (g)	Allergen Statement	Additional Allergen Statement	Additional Attributes
Birthday Cake Milkshake	Milkshakes	16 fl oz	453g	870	35	23	0	130	310	124	0	106	15	Contains Milk.		Vegetarian
Blueberry Milkshake	Milkshakes	16 fl oz	426g	690	33	22	0	125	270	86	0	71	14	Contains Milk.	May also contain Sulphites.	Vegetarian
Chocolate Milkshake	Milkshakes	16 fl oz	483g	930	33	22	0	125	340	138	3	125	17	Contains Milk, Soy.		Vegetarian
Chocolate Shake with Chocolate Ice Cream	Milkshakes	16 fl oz	385g	700	26	16	0	90	270	103	2	90	15	Contains Milk.		Vegetarian
Cookies 'N Cream Milkshake	Milkshakes	16 fl oz	456g	760	36	23	0	130	330	93	0	74	16	Contains Gluten, Milk, Soy, Wheat.	May also contain Gluten.	Vegetarian
Cookies 'N Cream Milkshake w/ Optional Donut	Milkshakes	16 fl oz	518g	970	49	28	0	150	740	119	1	83	19	Contains Egg, Gluten, Milk, Soy, Wheat.	May also contain Gluten.	Vegetarian
Lucky Duck Milkshake	Milkshakes	16 fl oz	445g	700	34	22	0	130	280	83	0	68	15	Contains Gluten, Milk.	May also contain Gluten.	Vegetarian
Maple Bacon Milkshake	Milkshakes	16 fl oz	447g	700	34	22	0	135	350	83	0	68	16	Contains Milk.	May also contain Sulphites.	
Patrioduck Milkshake	Milkshakes	16 fl oz	487g	900	44	27	0	130	270	114	0	91	15	Contains Milk, Soy.		Vegetarian
Salted Caramel Milkshake	Milkshakes	16 fl oz	452g	760	33	22	0	125	390	103	0	88	14	Contains Milk.		Vegetarian
S'mores Milkshake	Milkshakes	16 fl oz	475g	950	33	21	0	125	340	143	3	128	16	Contains Gluten, Milk, Wheat.	May also contain Gluten.	Vegetarian
S'mores Milkshake w/ Optional Donut	Milkshakes	16 fl oz	537g	1160	45	26	0	145	750	169	3	137	19	Contains Egg, Gluten, Milk, Soy, Wheat.	May also contain Gluten.	Vegetarian
Strawberries 'N Cream Milkshake	Milkshakes	16 fl oz	427g	710	33	22	0	125	260	90	0	75	14	Contains Milk.	May also contain Sulphites.	Vegetarian

Strawberries 'N Cream Milkshake w/ Optional Donut	Milkshakes	16 fl oz	489g	920	45	27	0	145	670	117	1	84	17	Contains Egg, Gluten, Milk, Soy, Wheat.	May also contain Gluten, Sulphites.	Vegetarian
Vanilla Milkshake	Milkshakes	16 fl oz	439g	680	33	22	0	130	270	80	0	67	15	Contains Milk.		Vegetarian

REFRESHERS	Menu Section	Serving Size	Serving Size Wt	Calories	Fat (g)	Saturated Fat (g)	Trans Fatty Acid (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (2016) (g)	Total Sugars (g)	Protein (g)	Allergen Statement	Additional Allergen Statement	Additional Attributes
Lemonade - 16 oz	Refreshers	16 fl oz	473 ml	50	0	0	0	0	45	14	0	14	0			Vegan, Vegetarian
Lemonade - 24 oz	Refreshers	24 fl oz	710 ml	70	0	0	0	0	65	18	0	18	0			Vegan, Vegetarian
Lemonade Refresher - Citrus Mango																
Pineapple - Large	Refreshers	24 fl oz	710 ml	120	0	0	0	0	70	30	0	29	0			Vegan, Vegetarian
Lemonade Refresher - Citrus Mango																
Pineapple - Regular	Refreshers	16 fl oz	473 ml	90	0	0	0	0	50	22	0	21	0			Vegan, Vegetarian
Lemonade Refresher - Citrus Mango																
Pineapple w/ Boba - Large	Refreshers	24 fl oz	710 ml	190	0	0	0	0	85	47	0	44	0			Vegan, Vegetarian
Lemonade Refresher - Citrus Mango																
Pineapple w/ Boba - Regular	Refreshers	16 fl oz	473 ml	160	0	0	0	0	65	38	0	36	0			Vegan, Vegetarian
Lemonade Refresher - Raspberry																
Dragonfruit - Large	Refreshers	24 fl oz	710 ml	120	0	0	0	0	80	29	0	29	0			Vegan, Vegetarian
Lemonade Refresher - Raspberry																
Dragonfruit - Regular	Refreshers	16 fl oz	473 ml	80	0	0	0	0	55	21	0	21	0			Vegan, Vegetarian
Lemonade Refresher - Raspberry																
Dragonfruit w/Boba - Large	Refreshers	24 fl oz	710 ml	190	0	0	0	0	90	46	0	44	0			Vegan, Vegetarian
Lemonade Refresher - Raspberry																
Dragonfruit w/Boba - Regular	Refreshers	16 fl oz	473 ml	150	0	0	0	0	70	38	0	36	0			Vegan, Vegetarian
Strawberry Lemonade - 16 oz	Refreshers	16 fl oz	473 ml	100	0	0	0	0	45	27	0	25	0			Vegan, Vegetarian
Strawberry Lemonade - 24 oz	Refreshers	24 fl oz	710 ml	150	0	0	0	0	65	38	0	36	0			Vegan, Vegetarian